

Final Announcement

PIT
PERDOSRI XXII
2023 — MALANG



The 22nd Annual Scientific Meeting of
The Indonesian Association of Physical Medicine and Rehabilitation

PIT XXII PERDOSRI 2023

Rising to the Challenge: Innovations and
Strategies for Rehabilitation
in a Post-Pandemic World

October, 4th-7th 2023



Register here
pit.perdosri.org



 Grand Mercure,
Malang, East Java, Indonesia

Contact Us :
Milla (08131 6666 723)

Rethinking Rehab: How Physiatrists Can Go Above and Beyond in a Post-Pandemic World

As the world emerges from the pandemic, physiatrists have a vital role in helping patients recover from the long-term effects of COVID-19. While the pandemic has been challenging for many healthcare professionals, it has also allowed us to rethink and improve how we provide care. In this event, we'll explore ways physiatrists can go above and beyond in the post-pandemic world.

Physiatry, also known as physical medicine and rehabilitation, is a medical specialty that focuses on helping patients recover from physical disabilities, injuries, and other conditions that affect their movement and function. Physiatrists work with patients of all ages and backgrounds to help them regain their independence and improve their quality of life.

One of the key ways physiatrists can help in the post-pandemic world is by providing rehabilitation services for patients who have recovered from COVID-19. Many patients with COVID-19 experience a range of symptoms, such as fatigue, shortness of breath, and weakness, that can persist for weeks or even months after their initial illness. Physiatrists can help these patients regain their strength and function through exercise, therapy, and other treatments.

Another area where physiatrists can make a difference is telemedicine. The pandemic has accelerated telemedicine adoption, allowing patients to receive care remotely. This has been especially important for patients with disabilities or other mobility limitations, who may have difficulty traveling to appointments. Physiatrists can use telemedicine to provide virtual consultations, monitor patients' progress, and remotely deliver therapy and other treatments.

In addition to these clinical services, physiatrists can shape healthcare policy and advocate for patients' rights. By working with policymakers and other stakeholders, physiatrists can help ensure that patients with disabilities receive the care and support they need to live full and independent lives. This includes advocating for better access to assistive technology, such as prosthetics and mobility aids, and pushing for more significant funding for research into physical disabilities and rehabilitation.

In conclusion, physiatrists have an essential role in the post-pandemic world. By providing rehabilitation services for COVID-19 patients, embracing telemedicine, and advocating for patients' rights, physiatrists can make a significant difference in the lives of their patients. As we continue to navigate the challenges of the pandemic, let's remember the vital role of physiatrists in helping us recover and move forward.

This event will run for 4 days with various aspects such as basic science, technology, and databases in the field of PMR. The theme will be presented as a Plenary Lecture, Symposium, and Workshop.

WELCOME MESSAGE

Chairman PIT XXII PERDOSRI



Dear Colleagues,

We extend a warm and heartfelt invitation to you to join us at the 22nd Annual Scientific Meeting of the Indonesian Physical Medicine and Rehabilitation Association (PIT XXII PERDOSRI) in October 2023.

This gathering of distinguished professionals aims to enhance our understanding of the fundamental sciences and promote professionalism in our field. By focusing on patients' functional capacity and expanding our clinical knowledge, we can navigate the various phases of rehabilitation more effectively. The current theme of the congress, "Rising to the Challenge: Innovations and Strategies for Rehabilitation in a Post-Pandemic World," aligns with our commitment to staying resilient and adapting to the changing landscape of healthcare.

We highly anticipate your presence at this remarkable event, where you will have the opportunity to engage in enriching discussions, network with colleagues, and contribute to the advancement of physical medicine and rehabilitation. Your active participation is invaluable to the success of the meeting.

Please feel free to reach out to us if you have any queries or require further information. We sincerely appreciate your contributions and unwavering support towards our meeting, and we look forward to welcoming you to this distinguished gathering.

Best regards,



Dr. Yose Waluyo, MD

(Musculoskeletal Physiatrist Consultant)

WELCOME MESSAGE



President of The Indonesian Association of Physical Medicine and Rehabilitation (PERDOSRI)

Assalamu'alaikum wr. wb.
Dear respected colleagues,

We hope this message finds you in good health and spirits. We are immensely grateful to Allah SWT for granting us the precious opportunity to gather once again at The 22nd Annual Scientific Meeting of The Indonesian Association of Physical Medicine and Rehabilitation 2023.

With deep reverence and gratitude, we embark on this momentous occasion, recognizing the significance it holds in our professional journey. Together, we form a community dedicated to enhancing the lives of individuals through the principles of physical medicine and rehabilitation. As we embark on this remarkable endeavor, let us reflect upon the blessings bestowed upon us and the responsibility we bear.

This year's chosen theme, "Rising to the Challenge: Innovations and Strategies for Rehabilitation in a Post-Pandemic World," underscores our resilience and adaptability as professionals. Despite the unprecedented global challenges we face, we remain united in our commitment to exploring innovative approaches and formulating effective strategies that will shape the future of rehabilitation in a world recovering from the pandemic's impact.

It is with great pleasure and anticipation that, on behalf of PP PERDOSRI, we extend a warm and wholehearted welcome to each and every one of you. Your presence at this esteemed gathering serves as a testament to your dedication, expertise, and unwavering commitment to the field of physical medicine and rehabilitation. Together, let us seize this opportunity to engage in meaningful discussions, exchange invaluable insights, and forge collaborations that will contribute to the advancement of our profession.

Throughout our time together, we aspire not only to expand our knowledge but also to cultivate a spirit of camaraderie and unity. Let us create an environment that fosters the sharing of experiences, research findings, and clinical breakthroughs. Through our collective wisdom and shared passion, we can make a profound impact on the lives of our patients, empowering them to regain their functional abilities, independence, and overall quality of life.

In conclusion, we extend our heartfelt gratitude to all those who have contributed to the organization of this event. From the tireless efforts of the organizing committee members to the generosity of our sponsors and partners, we recognize and appreciate your unwavering commitment and invaluable support. Without your dedication, this scientific meeting would not have come to fruition.

May the grace of Allah SWT guide us as we gather to exchange knowledge, forge connections, and renew our commitment to the noble cause of physical medicine and rehabilitation. We pray that this meeting serves as a wellspring of inspiration and empowerment, propelling us towards excellence in our practice and bringing us closer to our shared vision of a healthier, more inclusive society.

Thank you, and may peace be upon you all.
Wassalamu'alaikum wr. wb.

Best regards,



Rumaisah Hasan, MD
(Neuromuscular Physiatrist Consultant)

BOARD OF COMMITTEE



STEERING COMMITTEE

Dr. Rumaisah Hasan, Sp.K.F.R., N.M. (K), AIFO-K
Prof. DR. Dr. Hening Laswati, Sp.K.F.R., K.R. (K)
Dr. Deddy Tedjasukmana, Sp.K.F.R., K.R. (K), MARS.,
MM., MPM., MH

CHAIRPERSON

DR. Dr. Yose Waluyo, Sp.K.F.R., M.S. (K)

VICE CHAIRPERSON

Dr. Jufri Febriyanto Poetra, Sp.K.F.R.
Dr. Rahmad, Sp.K.F.R., K.R. (K)

SECRETARY

Dr. Shinta Primasara, Sp.K.F.R., AIFO-K
Dr. Azizati Rochmania, Sp.K.F.R

TREASURER

Dr. Nuralam Sam, Sp.K.F.R., M.S. (K)
Dr. Donny Gunawan, Sp.K.F.R.

EVENT DIVISION

Dr. Sri Wahyudati, Sp.K.F.R., K.R. (K)
Dr. Dadang Kusumawardhana, Sp.K.F.R.
DR. Dr. Marina Indriasari, Sp.K.F.R., FINEM
Dr. David Sugiarto, Sp.K.F.R.
Dr. Fitri Azizah Noor, Sp.K.F.R.

SCIENTIFIC DIVISION

Dr. Lydia Arfianti, Sp.K.F.R., M.S. (K)
Dr. AV Fanny Aliwarga, Sp.K.F.R., AIFO-K
DR. Med. Dr. Irma Ruslina Defi, Sp.K.F.R., Ger. (K)
Dr. Martha Kurnia Kusumawardani, Sp.K.F.R., N.M. (K)
DR. Dr. Damayanti Tinduh, Sp.K.F.R., M.S. (K)
Dr. Amien Suharti, Sp.K.F.R., Ped. (K)
Dr. Siti Chandra W, Sp.K.F.R., K.R (K)
Dr. Nelfidayani, Sp.K.F.R

PUBLICATION & DOCUMENTATION

Dr. Misda Haryatni, Sp.K.F.R
Dr. Daniel Hadimartana, Sp.K.F.R.
Dr. Deta Tanuwidjaja, Sp.K.F.R., AIFO-K
Dr. Ray Indra Wibowo, Sp.K.F.R.

FUND RAISER

DR. Dr. Rita Vivera Pane, Sp.K.F.R., N.M. (K),
FIPP., CIPS
Dr. Kobal Sangaji, Sp.K.F.R.
Dr. Vina Amalia, Sp.K.F.R., M.Ked.Klin
Dr. Teinny Suryadi, Sp.K.F.R.
Dr. Hari Peni Julianti, M.Kes., Sp.K.F.R., Ger. (K),
FISCM., FISPH

FOOD & BEVERAGES

Dr. Vivid Pretty Anggraeni, Sp.K.F.R.
Dr. Rita Kumalasari, Sp.K.F.R., MARS
Dr. Dyah Intania Sari, Sp.K.F.R., M.S. (K)

TRANSPORTATION & ACCOMMODATION

Dr. Mohammad Barlian Nugroho, Sp.K.F.R., Ger. (K)
Dr. Nur Khozin, Sp.K.F.R.
Dr. Suroso Agus Widodo, Sp.K.F.R.

REGISTRATION

Dr. Andy Ardhana Mamahit, Sp.K.F.R., AIFO
Dr. Dewi Masrifah Ayub, Sp.K.F.R., Ped. (K)
Dr. Hawik Muzdalifah, Sp.K.F.R., MARS

SYMPOSIUM



KEYNOTE SPEECH

Rehabilitation 2030: A Call For Action: The Road to Improve Rehabilitation Globally and What Need to be Done by National PRM Society

Multi-Disciplinary Discussion

Ask the Specialist of Rehabilitation & Team

All About Down Syndrome

SATELLITE SYMPOSIUM

Pediatric Rehabilitation

- Enhancing Ambulatory Function in Neuromuscular Disorder
- Modernization of Spasticity Management in Cerebral Palsy

Geriatric Rehabilitation

- Building Resilience in Geriatric Rehabilitation: Strategies for the Post-Pandemic Era
- Interesting Case Discussion: Comprehensive Geriatric Rehabilitation Management

Musculoskeletal Rehabilitation

- Updates in Rehabilitation of Diabetic Foot
- Current Updates & Interesting Case in Musculoskeletal Rehabilitation: Low Back Pain

Sport Rehabilitation

- Swimmer's Shoulder; What to do in Rehabilitation Perspective
- Spinal Pain in Sport Injury, How to Deal With It?

Neuromuscular Rehabilitation

- Recent Treatment of Language Disorder in Stroke Patient
- Interesting Neuromuscular Cases Discussion: Stroke with Visuospatial Disturbance and Spondylitis TB

PLENARY LECTURE

- Unlocking the Path to Pain Relief: A Comprehensive Approach to Pain Management in Rehabilitation Medicine with a Focus on the International Classification of Functioning, Disability, and Health (ICF)
- Rehabilitation for Cancer patients
- Robot-Based Interventional Program for Autistic Children
- The Future, Challenges, and Opportunities for Asia-Oceanian PMR – Where are We?

SATELLITE SYMPOSIUM

Cardiorespiratory Rehabilitation

- Cardiorespiratory Rehabilitation at Your Hands: The Role of Technology in Bridging Rehab to Your Daily Life
- Implying Multidisciplinary Aspects to Enhance Surgery Result Following Thoracic and Upper Abdominal Surgery

Pain Rehabilitation

- Current Updates & Interesting Case in Pain Rehabilitation Topic: Post Covid Pain
- Digging the Source of Pain

Social Rehabilitation

- Community Based Rehabilitation, Return to Work, and Disaster Management (Disaster Preparedness)
- Up Grading Tingkat Nasional 'Penguatan Kompetensi Tenaga Medis dalam Bimbingan Manasik di PIHK dan PPIU'

WORKSHOPS

(For Physiatrist)



A-Z for Knee Osteoarthritis

Workshop 1



Hands on Dry Needling in Neuromuscular Problems

Workshop 2



State of the Art: Ultimate Technology in Stroke Rehabilitation

Workshop 3



From Immobile to Unstoppable: Breakthrough Rehabilitation Strategies for the Older Adults Population

Workshop 4



Post Critical Illness Rehabilitation

Workshop 5



Ultrasound of Neuromuscular Problem

Workshop 6



The Fundamental Role of Rehabilitation in Management of Feeding and Stunting

Workshop 7



Functional Movement Analysis in Sport, from Basic to Practice

Workshop 8



Penguatan Kompetensi Tenaga Medis dalam Bimbingan Manasik di PIHK dan PPIU

Up Grading Tingkat Nasional

WORKSHOPS



How to Publish an Original Article: Tips & Tricks

Workshop Resident & Psychiatrist

How to be PM&R Residents



Workshop GP



Osteoarthritis and Low Back Pain: From A to Z

Workshop GP

Facing Osteoporosis in the World After COVID-19 Pandemic



Public Symposium

SAVE THE DATES



Deadline for Early Registration

August 31, 2023

Deadline for Abstract Submission

August 25, 2023

Abstract Acceptance Notification

September 5, 2023

Pre Symposium Workshops

October 4, 2023

Symposium

October 5-6, 2023

Exhibition

October 4-7, 2023

Post Symposium Workshops

October 7, 2023

SPEAKERS



International

Anwar Suhaimi
Boya Nugraha
Fary Khan
Fazah Akhtar Hanapiah
Francesca Gimigliano
Jules Becher
Reynaldo R. Rey-Matias
Yukio Mikami
Mazlina Binti Mazlan

National

A. Penny Kusumastuti
Abdul Choliq
Abdul Jabbar Al-Hayyan
Abdul Rouf
Achmad Chubaesy
Ade Marfuddin
Aditya Wahyudi
Amien Suharti
Andhika Yudistira
Andriati
Angela BM Tulaar
Anshory Sahlan
Arif Soemarjono
Arsad Hidayat
AV Fanny Aliwarga
Azizati Rochmania
Budiati Laksmiastari
Dadang Kusumawardhana
Damayanti Rusli Sjarif
Damayanti Tinduh
Deta Tanuwidjaja
Dewi Poerwandari
Dini Rachma Erawati
Ditaruni Asrina Utami
Ekky Yuliarto
Elfrida Iriani Marpaung
Ellyana Sungkar
Elvie Zulka Kautzia R
Erna Setiawati
Ferial Hadipoetro Idris
Feri Soewito
Fiastuti Witjaksono
Fidiansjah Mursjid
Fitri Anestherita
Gunawan Kurniadi
Gutama Arya Pringga
Hanna Dyahferi Anomsari
Hari Peni Julianti
Hening Laswati
Hilman Latief
I Putu Alit Pawana
Ika Fitriana
Imam Subadi
Indra Gunawan
Indra Tjahjono
Irawan Taqwa

Irma Ruslina Defi
Joudy Gessal
Jufri Febrianto Poetra
Kevin Triangto
Koernia Kusuma Wardhana
Laura Djuriantina
Lilie Marhaendro Susilo
Luh Karunia Wahyuni
Lydia Arfianti
M Barlian Nugroho
Maretha Primariayu
Martha Kurnia Kusumawardani
Masrianti
Mawari Edy
Melinda Harini
Meity Ardiana
Mochammad Ridwan
Mukhtar Ikhsan
Nilla Mayasari
Novi Prihatin
Novitri
Nuniek Nugraheni Sulistiawaty
Nunik Farodiyah
Nunung Nugroho
Nuralam Sam
Nuril Hidayati
Nury Nudwinuringtyas
Peggy
Profitasari Kusumaningrum
Pujiatun
RA Meisy Andriana
Rachmat Zulkarnain Goesasi
Ratna Kurniasari
Ratna Soebadi
Ray Indra Wibowo
Retno Setianing
Rifky Mubarak
Rita Vivera Pane
Rizky Kusuma Wardhani
Rosiana Pradanasari Wirawan
RR. Indrayuni Lukitra Wardhani
Rudy Handoyo
Ruliando Hasea Purba
Rumaisah Hasan
Rwahita Satyawati
Siti Annisa Nuhoni
Siti Chandra Widjanantie
Sri Mardijati Mei Wulan
Sri Soenarti
Suroso Agus Widodo
Syarief Hasan Lutfie
Tanti Ajoie Kesoema
TCT Novy
Tertianto Prabowo
Tirza Z. Tamin
Vitriana
Wanarani Aries
Widjajalaksmi Kusumaningsih
Wini Widiani
Yose Waluyo

CALL FOR PAPER!



ABSTRACT GUIDELINES

ONLY electronically submitted abstracts will be considered. Formatting the text in accordance with the instructions below :

1. The abstract must be submitted in electronic form as Microsoft Word, typed in single spacing, the font in 12 points of Times New Roman, justified at the left margin, do not indent, and do not leave blank lines between paragraphs.
2. Abstract title should appear in bold, do not indent. The title should be considered and indicate the abstract's content, preferably in a short sentence.
3. The author's name (s) is written down first, followed by the last name, and omit degrees. Underlining the name of the author presenting the paper. On a separate line, type the name of institutions and countries. Author and co-author details (occupation, department, institution/hospital) should be mentioned clearly.
4. The abstract text should include background and/ or objective, study design, material and methods, results, discussion, and conclusion.
5. Please keep to the limit of **abstract text to 250 words** and **the title to 15 words**, with no limitation on the author's name and affiliation.
6. Use italics only when appropriate (e.g., for names of genus and species). Simple tables and graphs may be included.
7. The deadline for the abstract will not be exceeded **25 August 2023**, through the date of submission via the website (pit.perdosri.org)
8. The scientific committee will review the abstracts and confirm if your abstract is accepted. The organizing committee will send its confirmation letter for each accepted paper.
9. Presenting author must be registered for the main event. The abstract may be presented as an e-posters or oral presentation after the author pays a full registration fee.

CALL FOR PAPER!



ABSTRACT GUIDELINES

Structure of the Abstract:

A. Original Research / Systematic Review / Meta Analysis

In addition, the following structure of the abstract must be strictly adhered to be admitted for reviewing: to be admitted for reviewing:

- Introduction/Background
- Material and Methods
- Results
- Discussion
- Conclusion
- Keywords (Max 5 keywords in alphabetic sequence)
- Optional: References (max. 5)

Note:

- Introduction/Background: State the main question or objective of the study and the major hypothesis tested, if any.
- Material and Methods: Patients (or Participants): State selection procedures, entry criteria, and numbers of participants entering and finishing the study. Methods or Interventions (or Assessment of Risk Factors): Describe essential features of any Interventions, including their method and duration of administration. For observational studies, clearly outline the independent variables.
- Results: Report the main findings of the study.
- Discussion : Compare the result findings with the other research ever done and mention about the reason
- Conclusions: State only those conclusions of the study that are directly supported by data, along with their clinical application (avoiding overgeneralization) or whether additional study is required before the information should be used in usual clinical settings.

B. Clinical Case

Cases presented are case studies or case series reporting on an unusual syndrome or medical condition resulting rehabilitation problem, a new diagnostic method, or highlight of an important clinical complication of a common condition, or a new/special intervention in the area of physical medicine and rehabilitation.

Please submit your clinical case according to the abstract topic it is (most) related to and according to the following structure:

- Case Diagnosis
- Case Description
- Discussion
- Conclusions

SUBMISSION CLOSED!

CALL FOR PAPER!



ABSTRACT GUIDELINES

Topic Classification of the Abstract

(Please state this in the upper left corner of the abstract)

- Neuromuscular Rehabilitation (including problems in motor and sensory problems, coordination and pain)
- Musculoskeletal Rehabilitation (including problems in biomechanics and sports injury)
- Cardiorespiratory Rehabilitation
- Pediatric Rehabilitation
- Geriatric Rehabilitation
- Others (Including Basic Physical Medicine and Rehabilitation and Related Update)

Important Dates

- The abstract submission deadline is **August 25th, 2023**
- Abstract Acceptance notification will be provided by **September 5th, 2023**
- The deadline for presenter registration payment is **September 30th, 2023**

SUBMISSION CLOSED!

PROGRAM AT A GLANCE



Day 1 Wednesday Oct 4th	08.00 - 12.00	WS Musculoskeletal	WS Neuromuscular 1	WS Geriatric	WS Cardiorespiratory	WS Resident & Physiatrist
	13.00 - 17.00		WS Neuromuscular 2			
Day 2 Thursday Oct 5th	08.00 - 09.00	Opening Ceremony				
	09.00 - 10.10	Keynote Speech and Plenary Session				
	10.10 - 17.05	SS	SS	Free paper		
	18.00 - 21.00	Sport Competition + Resident Night (PM&R Specialist and Resident)				
Day 3 Friday Oct 6th	07.00 - 09.00	Collegium Graduation				
	09.00 - 10.20	Symposium				
	10.20 - 17.50	SS	SS	Pembekalan Anggota PERDOSRI		
	18.00 - 22.00	Gala Dinner				
Day 4 Saturday Oct 7th	06.00 - 12.00	Public Symposium & Community Rehabilitation (outdoor)				
	08.00 - 16.00	WS Pain	WS Pediatric	WS Sport	WS GP	Up Grading Tingkat Nasional 'Penguatan Kompetensi Tenaga Medis dalam Bimbingan Manasik di PIHK dan PPIU'
Day 5 Sunday Oct 8th	07.30 - 11.40	Up Grading Tingkat Nasional 'Penguatan Kompetensi Tenaga Medis dalam Bimbingan Manasik di PIHK dan PPIU'				

RUNDOWN



Day 1 - Wednesday Oct 4th

Time WIB/GMT +7	Ballroom 3	Ballroom 2	Malang-Manila Room	Beijing Room	Seoul-Osaka Room
07.00 - 08.00	Registration				
08.00 - 12.00	WS Musculoskeletal Rehabilitation A-Z for Knee Osteoarthritis	WS Neuromuscular Rehabilitation I Hands on Dry Needling in Neuromuscular Problems	WS Geriatric Rehabilitation From Immobile to Unstoppable: Breakthrough Rehabilitation Strategies for the Older Adults Population	WS Cardiorespiratory Rehabilitation Post Critical Illness Rehabilitation	
12.00 - 13.00	Lunch Break				
13.00 - 17.00	Con'td	WS Neuromuscular Rehabilitation 2 State of the Art: Ultimate Technology in Stroke Rehabilitation	Con'td	Con'td	WS Resident & Physiatrist How to Publish an Original Article: Tips & Tricks

Day 2 - Thursday Oct 5th

Ballroom 2-3

Time WIB/GMT +7	Duration (Minutes)	Day 2 - Thursday Oct 5th	
07.00 - 08.00	60	Registration	
08.00 - 09.00	60	Opening Ceremony	
09.00 - 09.15	15	Moderator: DR. Dr. Yose Waluyo, Sp.K.F.R., M.S. (K) Keynote Speech (ISPRM President) Francesca Gimigliano Rehabilitation 2030: A Call For Action: The Road to Improve Rehabilitation Globally and What Need to be Done by National PRM Society	
09.15 - 09.35	20	Plenary Lecture 1 Boya Nugraha MS, PhD Unlocking the Path to Pain Relief: A Comprehensive Approach to Pain Management in Rehabilitation Medicine with a Focus on the International Classification of Functioning, Disability, and Health (ICF)	
09.35 - 09.55	20	Plenary Lecture 2 Prof. Fary Khan Rehabilitation for Cancer Patients	
09.55 - 10.15	20	Plenary Lecture 3 Prof. Fazah Akhtar Hanapiah Robot-Based Interventional Program for Autistic Children	
10.15 - 10.30	15	Opening Exhibition / Coffee Break	
10.30 - 10.35	5	SS 1 (Pediatric Rehabilitation) Enhancing Ambulatory Function in Neuromuscular Disorder Moderator: Dr. Marietta Shanti Prananta, Sp.K.F.R., Ped. (K)	SS 2 (Geriatric Rehabilitation) Building Resilience in Geriatric Rehabilitation: Strategies for the Post-Pandemic Era Moderator: Dr. Imran Safei, Sp.K.F.R., Ger. (K)
10.35 - 10.55	20	Physiatrists View of Mobility Problem in Pediatric NMD Dr. Nilla Mayasari, Sp.K.F.R., Ped. (K), M.Kes	Empowering Geriatric Rehabilitation : Innovations and Strategies for the Post-Pandemic Journey Dr. Elfrida Iriani Marpaung, Sp.K.F.R., Ger. (K)
10.55 - 11.15	20	Neuromuscular Disorder in Children: Concentrating on Gait Disturbance and Orthotics Choices Prof. Jules Becher, MD, PhD. (The Netherlands)	Exploring Digital Solutions in Geriatric Rehabilitation: Meeting the Needs of Post-Pandemic Generation Dr. Hari Peni Julianti, Sp.K.F.R., Ger. (K), M.Kes
11.15 - 11.35	20	The Art of Mobility Aids for Neuromuscular Disorder DR. Dr. S.M. Mei Wulan, Sp.K.F.R., Ped. (K)	Enhancing Geriatric Rehabilitation Services in the New Normal : Innovations and Solutions Dr. Pujiatun, Sp.K.F.R., Ger. (K)
11.35 - 11.45	10	Discussion	Discussion
11.45 - 12.55	70	Lunch Break	

Day 2 - Thursday Oct 5th

Ballroom 2-3

Time WIB/GMT +7	Duration (Minutes)	Day 2 - Thursday Oct 5th				
12.55 - 13.00	5	SS 3 (Musculoskeletal Rehabilitation) Updates in Rehabilitation of Diabetic Foot Moderator: Dr. Lydia Arfianti, Sp.K.F.R., M.S. (K)	12.55 - 13.00 (5)	SS 4 (Neuromuscular Rehabilitation) Recent Treatment of Language Disorder in Stroke Patient Moderator : Dr. Martha Kurnia, Sp.K.F.R., N.M. (K)	Free Paper	
13.00 - 13.15	15	Physiatrist Role in Integrated Diabetic Foot Team Dr. Rachmat Z. Goesasi, Sp.K.F.R., M.S. (K)	13.00 - 13.20 (20)	Behavioral Therapy to Improve Language in Stroke Aphasia Dr. Novitri, Sp.K.F.R., N.M. (K)		
13.15 - 13.35	20	Orthotics for Diabetic Foot: When & What? Dr. Rudy Handoyo, Sp.K.F.R., M.S. (K)	13.20 - 13.40 (20)	Optimal Timing of Intervention: Chronic VS Acute Phase Prof. DR. Dr. Widjajalaksmi Kusumaningsih, Sp.K.F.R., N.M. (K), M.Sc		
13.35 - 13.50	15	The Role of Plantar Foot Pressure Measurement in Prevention of Diabetic Foot Ulceration Dr. Lydia Arfianti, Sp.K.F.R., M.S. (K)	13.40 - 14.00 (20)	Noninvasive Brain Stimulation for Language Disorder DR. Dr. RA Meisy Andriana, Sp.K.F.R., N.M. (K)		
13.50 - 14.05	15	Artificial Intelligence (AI) for Diabetic Foot Prof. Yukio Mikami, MD, PhD (Japan)	14.00 - 14.10 (10)	Discussion		
14.05 - 14.10	5	Discussion				
14.10 - 14.25	15	Coffee Break				

Day 2 - Thursday Oct 5th

Ballroom 2-3

Time WIB/GMT +7	Duration (Minutes)	Day 2 - Thursday Oct 5th	
14.25 - 14.30	5	SS 5 (Sport Rehabilitation) Swimmer's Shoulder; What to do in Rehabilitation Perspective Moderator : Dr. Shinta Primasara, Sp.K.F.R.	SS 6 (Social Rehabilitation) Community Based Rehabilitation, Return to Work, and Disaster Management (Disaster Preparedness) Moderator : Dr. Nelfidayani, Sp.K.F.R.
14.30 - 14.50	20	Biomechanics of Swimmer's Shoulder; The Pathology of Movement Dr. I Putu Alit Pawana, Sp.K.F.R., M.S. (K)	Community Based Rehabilitation DR. Dr. Ferial Hadipoetro Idris, Sp.K.F.R., (K), M. Kes
14.50 - 15.10	20	Shoulder Pain in Competitive Swimmers: The Role of Posture Dysfunction DR. Dr. Tirza Z. Tamin, Sp.K.F.R., M.S. (K)	Functional Capacity Evaluation Role in Return to Work Program DR. Dr. Retno Setianing, Sp.K.F.R., M.S. (K), AIFO-K
15.10 - 15.30	20	Return to Sport, How to Continuing Swimming Without Pain DR. Dr. Damayanti Tinduh, Sp.K.F.R., M.S. (K)	PMR Services in Natural Disaster Dr. Ray Indra Wibowo, Sp.K.F.R.
15.30 - 15.45	15	Discussion	Discussion
15.45 - 15.50	5	SS 7 (Cardiorespiratory Rehabilitation) Cardiorespiratory Rehabilitation at Your Hands: The Role of Technology in Bridging Rehab to Your Daily Life Moderator : Dr. Rahmad, Sp.K.F.R., K.R. (K)	SS 8 (Pain Rehabilitation) Current Updates & Interesting Case in Pain Rehabilitation Topic: Post Covid Pain Moderator : DR. Dr. Joudy Gesal, Sp.K.F.R, M.S. (K)
15.50 - 16.10	20	Combination of Hospital-Based and Home-Based in Cardiac Rehabilitation Prof. DR. Dr. Hening Laswati, Sp.K.F.R., K.R. (K)	How Does Covid Affect Muskuloskeletal Dr. TCT Novy, Sp.K.F.R., M.Kes, CIPS, FIPP
16.10 - 16.30	20	The Utilization of Advance Technologies in Cardiorespiratory Rehabilitation Dr. Masrianti, Sp.K.F.R., K.R. (K)	Dealing with Post Covid Pain DR. Dr. Rita Vivera Pane, Sp.K.F.R., N.M. (K), CIPS, FIPP
16.30 - 16.50	20	Evidence Based Medicine in Cardiorespiratory Telerehabilitation DR. Dr. Siti Chandra Widjanantie, Sp.K.F.R., K.R. (K)	Will Exercise Improve Post Covid Pain? DR. Dr. Joudy Gesal, Sp.K.F.R, M.S. (K)
16.50 - 17.00	10	Discussion	Discussion

Free Paper

Day 3 - Friday Oct 6th

Ballroom 2-3

Time WIB/GMT +7	Duration (Minutes)	Day 3 - Friday Oct 6th	
07.00 - 09.00	120	Registration	Collegium Graduation
09.00 - 09.20	20	Plenary Lecture 4 Prof Reynaldo R. Rey-Matias MD, MSHMS The Future, Challenges, and Opportunities for Asia-Oceanian PMR – Where are We?	
09.20-09.35	15	Ethics & Patient Safety Dr. Rumaisah Hasan, Sp.K.F.R., N.M. (K), AIFO-K	
09.35 - 10.35	60	Multi-Disciplinary Discussion Ask the Specialist of Rehabilitation & Team: All About Down Syndrome Moderator: DR. Dr. Ratna Soebadi, Sp.K.F.R., Ped. (K) Panelists: DR. Dr. S.M. Mei Wulan, Sp.K.F.R., Ped. (K) Dr. Hanna Dyahferi Anomsari, Sp.A(K) Ratna Kurniasari, S.P.si, M.P.si Nuril Hidayati, A.Md. Ft Nunik Farodiyah, A.Md.O.T Novia Prihatin, S.Tr.KES Ekky Yulianto, S.ST., OP	
10.35 - 10.45	10	Coffee Break	
10.45 - 10.50	5	SS 9 (Pediatric Rehabilitation) Modernization of Spasticity Management in Cerebral Palsy Moderator: Dr. Amien Suharti, Sp.K.F.R.	SS 10 (Geriatric Rehabilitation) Interesting Case Discussion: Comprehensive Geriatric Rehabilitation Management Moderator: Dr. M. Barlian Nugroho, Sp.K.F.R., Ger. (K)
10:50 - 11.10	20	Guidelines for the Use of Botulinum Toxin in CP DR. Dr. Ratna Soebadi, Sp.K.F.R., Ped. (K)	10.50 - 10.57 Overview of Geriatric Rehabilitation Management Dr. Siti Annisa Nuhoni, Sp.K.F.R., Ger. (K)
11.10 - 11.30	20	Is Intrathecal Baclofen also Effective for CP? Prof. Yukio Mikami, MD, PhD (Japan)	10.57-11.14 Overview of Telerehabilitation Dr. Nuniek Nugraheni Sulistiawaty, Sp.K.F.R., Ger. (K)
11.30 - 11.50	20	Nonpharmacological Management in CP: What & When? Dr. Wini Widiani, Sp.K.F.R., Ped. (K)	11.14-11.21 Overview of Long Term Care Dr. Rwahita Satyawati, Sp.K.F.R., Ger. (K)
11.50 - 11.55	5	Discussion	11.21-11.30 Case Presentation 11.30-11.55 Case Discussion
11.55 - 13.00	65	ISHOMA / Lunch Break	

Day 3 - Friday Oct 6th

Ballroom 2-3

Time WIB/GMT +7	Duration (Minutes)	Day 3 - Friday Oct 6th	
13.00 - 13.05	5	SS II (Musculoskeletal Rehabilitation) Current Updates & Interesting Case in Musculoskeletal Rehabilitation: Low Back Pain Moderator: Dr. Anshory Sahlan Sp.K.F.R., M.S. (K), MARS	SS 12 (Neuromuscular Rehabilitation) Interesting Case in Neuromuscular Rehabilitation: Spinal Cord Injury ec Spondylitis TB Moderator: DR. Dr. Imam Subadi Sp.K.F.R., N.M. (K)
13.05 - 13.25	15	Establishing the Diagnosis of Degenerative Disk Disease of the Spine Dr. Tanti Ajoë Kesoema, Sp.K.F.R., M.S. (K), M.Si.Med	How to Determine Severity and Level of Injury? Dr. Steven Setiono, Sp.K.F.R., N.M. (K)
13.25 - 13.45	15	Updates in PMR Management for Degenerative Disk Disease of the Spine Dr. A. Penny Kusumastuti, Sp.K.F.R., M.S. (K)	How to Determine Ambulation Prognosis? DR. Dr. Vitriana, Sp.K.F.R., N.M. (K)
13.45 - 14.05	15	When to do Surgery in Degenerative Disk Disease of the Spine? Dr. Andhika Yudistira Sp.OT (K)	How to Manage Neurogenic Lower Urinary Tract Dysfunction (NLUTD) Dr. Rosiana Pradanasari Wirawan, Sp.K.F.R., N.M. (K)
14.05 - 14.10	5	Discussion	Discussion
14.10 - 14.15	5	SS 13 (Sport Rehabilitation) Spinal Pain in Sport Injury, How to Deal With It? Moderator: Dr. Dyah Intania Sari, Sp.K.F.R., M.S. (K)	SS 14 (Social Rehabilitation) Hajj Pilgrism's Health, Medical Tourism, Club Exercise & Paralympic Moderator: Dr. Shinta Primasara, Sp.K.F.R.
14.15 - 14.35	20	Biomechanics of Spine Dr. Azizati Rochmania, Sp.K.F.R., AIFO-K	PMR Specialist Role in Hajj Pilgrism's Physical Activities DR. Dr. Syarief Hasan Lutfie, Sp.K.F.R., MARS
14.35 - 14.55	20	Spinal Pain in Sport Injury DR. Dr. Ruliando Hasea Purba, MARS, Sp.K.F.R.	Establishing Excellent Services for Pain & Wellness Center: Interdisciplinary Patient-Centered Care DR. Dr. Tirza Z. Tamin, Sp.K.F.R., M.S. (K)
14.55 - 15.15	20	Rehabilitation Management of Spinal Pain in Sport Injury; Return to Sport Program DR. Dr. Retno Setianing, Sp.K.F.R., M.S. (K), AIFO-K	Sports-Medical Assessment for Athletes with Disability in the Paralympics Dr. I Putu Alit Pawana, Sp.K.F.R., M.S. (K)
15.15 - 15.20	5	Discussion	Discussion
15.20 - 15.30	10	Coffee Break	

Day 3 - Friday Oct 6th

Ballroom 2-3

Time WIB/GMT +7	Duration (Minutes)	Day 3 - Friday Oct 6th	
15.30 - 15.35	5	SS 15 (Cardiorespiratory Rehabilitation) Implying Multidisciplinary Aspects to Enhance Surgery Result Following Thoracic and Upper Abdominal Surgery Moderator : Dr. Anita Ratnawati, Sp.K.F.R., K.R. (K)	SS 16 (Pain Rehabilitation) Digging the Source of Pain Moderator : Dr. Gunawan Kurniadi Sp.K.F.R.
15.35 - 15.55	20	Essentials of Identifying Cardiorespiratory Complications Dr. Koernia Kusuma Wardhana, Sp.BTKV (K)-VE, FICS	Managing Dry Neddling vs Prolotherapy, What is the Rationale? Dr. Fitri Anestherita, Sp.K.F.R., M.S. (K)
15.55 - 16.15	20	Pre-Operative Rehabilitation Strategies and Intervention Dr. Erna Setiawati, Sp.K.F.R., K.R. (K), M.Si.Med	Managing Ischiofemoral Conservative to Intervention with Ultrasound Findings Dr. AV Fanny Aliwarga, Sp.K.F.R., AIFO-K
16.15 - 16.35	20	Significance of Immediate Post-Operative Rehabilitation Dr. Dewi Poerwandari, Sp.K.F.R., K.R. (K)	Managing an Upper Extremity Entrapment Neuropathic Pain from Conventional to Interventional Dr. Anshory Sahlan, Sp.K.F.R., M.S. (K), MARS
16.35 - 16.40	5	Discussion	Discussion
16.40 - 17.40	60	Closing	

RUNDOWN



Day 4 - Saturday Oct 7th

Time WIB/GMT +7	Ballroom 3	Malang-Manila Room	Seoul-Osaka Room	Ballroom 2	RS Marsudi Waluyo
06.00 - 07.00					Public Symposium & Community Rehabilitation (outdoor) Facing Osteoporosis in the World After COVID-19 Pandemic
07.00 - 08.00	Registration				
08.00 - 12.00	WS Pain Rehabilitation Ultrasound in Neuromuscular Problem	WS Pediatric Rehabilitation The Fundamental Role of Rehabilitation in Management of Feeding and Stunting	WS Sport Rehabilitation Functional Movement Analysis in Sport, from Basic to Practice	WS GP How to be PM&R Residents Osteoarthritis and Low Back Pain: From A to Z	
12.00 - 13.00	Lunch Break				
13.00 - 16.00	Con'td	Con'td	Con'td	Con'td	

A-Z for Knee Osteoarthritis

Wednesday, October 4, 2023

Ballroom 3

Time WIB/GMT +7	Duration (Minutes)	EVENT	SPEAKER
07:30 - 08:00	30	Registration	
08:00 - 08:05	5	Pre-Test	
08:05 - 08:10	5	Opening	Moderator : Dr. Teinny Suryadi Sp.K.F.R.
08:10 - 08:30	20	Update on Patophysiology and Patobiomechanic in OA Knee	Prof. DR. Dr. Angela BM Tulaar, Sp.K.F.R., M.S. (K)
08:30 - 08:50	20	Update on Knee OA Assessment and Management	Dr. Fitri Anestherita, Sp.K.F.R., M.S. (K)
08:50 - 09:10	20	Ultrasound Assessment in Knee OA	Dr. Arif Soemarjono, Sp.K.F.R., FACSM, RMSK
09:10 - 09:20	10	Discussion	Moderator
09:20 - 09:35	15	Coffee break	
09:35 - 09:55	20	Updates on Therapeutic Exercise for knee OA	Ass. Prof. Dr. Anwar Bin Suhaimi (Malaysia)
09:55 - 10:15	20	USG Guided injection for Knee OA	Ass. Prof. Dr. Anwar Bin Suhaimi (Malaysia)
10:15 - 10:35	20	Prolotherapy for Knee OA	Dr. Aditya Wahyudi, Sp.K.F.R.
10:35 - 10:55	20	PIT for Knee OA	DR. Dr. Yose Waluyo, Sp.K.F.R., M.S. (K)
10:55 - 11:15	20	The Role of RSWT for Knee OA	Dr. Laura Djuriantina, Sp.K.F.R., AIFO-K
11:15 - 11:35	20	Updates on Orthosis in Knee OA	Dr. Ferius Soewito Sp.K.F.R., AIFO-K
11:35 - 11:45	10	Discussion	Moderator
11:45 - 12:45	60	Lunch Break	
Circuit rotation (dibagi 5 kelompok)			
12:45 - 13:15	30	Station 1: USG assessment	Dr. Arif Soemarjono, Sp.K.F.R., FACSM, RMSK Dr. Fitri Anestherita, Sp.K.F.R., M.S. (K)
13:15 - 13:45	30	Station 2: USG Guided Injection	Dr. Teinny Suryadi Sp.K.F.R.
13:45 - 14:15	30	Station 3: Palpation Guided Injection Prolotherapy	Dr. Aditya Wahyudi, Sp.K.F.R.
14:15 - 14:45	30	Station 4: Palpation Guided Injection PIT	DR. Dr. Yose Waluyo, Sp.K.F.R., M.S. (K) Dr. Ferius Soewito Sp.K.F.R., AIFO-K
14:45 - 15:15	30	Station 5: ESWT	Dr. Laura Djuriantina, Sp.K.F.R., AIFO-K
15:15 - 15:30	15	Coffee Break	
15:30 - 15:40	10	Sponsor Presentation	
15:40 - 15:50	10	Sponsor Presentation	
15:50 - 16:00	10	Sponsor Presentation	
16:00 - 16:10	10	Sponsor Presentation	
16:10 - 16:20	10	Sponsor Presentation	
16:20 - 16:25	5	Post Test	
16:25 - 16:30	5	Closing	Moderator

Hands on Dry Needling in Neuromuscular Problems

Wednesday, October 4, 2023

Ballroom 2

Time WIB/GMT +7	Duration (Minutes)	EVENT	SPEAKER
07.30-08.00	30	Registration	
08.00-08.10	10	Opening	MC
08.10-08.25	15	Pre Test WS	MC
08.25-08.30	5	Reading of Moderator's CV	MC
08.30-08.35	5	Reading of Speaker's CV Material I	Moderator: Dr. Lisa Nurhasanah, Sp.K.F.R.
08.35-09.10	35	Dry Needling Approach: An Update and How Does it Works in Neuro-Rehab Problems?	Dr. Nuniek Nugraheni, Sp.K.F.R., Ger. (K)
09.10-09.15	5	Reading of Speaker's CV Material 2	Moderator: Dr. Lisa Nurhasanah, Sp.K.F.R.
09.15-09.50	30	The Technique of Dry Needling	Dr. Tertianto Prabowo, Sp.K.F.R., M.S. (K)
09.50-10.00	10	Coffee Break	
10.00-11.45	105	Hands-On	Both Speakers
11.45-12.15	30	Discussion	Moderator: Dr. Lisa Nurhasanah, Sp.K.F.R.
12.15-12.30	15	Post Test WS	MC
12.30-12.35	5	Closing	MC

State of the Art: Ultimate Technology in Stroke Rehabilitation

Wednesday, October 4, 2023

Ballroom 2

Time WIB/GMT +7	Duration (Minutes)	EVENT	SPEAKER
12.30-13.00	30	Registration	
13.00-13.10	10	Opening & Pre Test	Moderator: Dr. Husnul Mubarak, Sp.K.F.R., N.M. (K)
13.10-13.40	30	Bringing Recovery Home: Exploring Telerehabilitation for Stroke Patients (Online)	Prof. Reynaldo R. Rey-Matias MD, MSHMS (Filipina)
13.40-14.10	30	Advancing Stroke Rehabilitation with Transcranial Magnetic Stimulation (TMS) (Online)	Prof. Dr. Mazlina Binti Mazlan (Malaysia)
14.10 - 14.25	15	Discussion	
14.25 - 14.55	30	The Cutting-Edge Role of Exergames in Stroke Rehabilitation	Dr. Rumaisah Hasan, Sp.K.F.R., N.M. (K), AIFO-K
14.55 - 15.10	15	Discussion	
15.10 - 15.20	10	Coffee break	
15.20 - 16.50	90	Demo & Hands On	MC
16.50 - 17.00	10	Post Test	
17.00 - 17.10	10	Closing	

From Immobile to Unstoppable: Breakthrough Rehabilitation Strategies for the Older Adults Population

Wednesday, October 4, 2023

Malang-Manila Room

Time WIB/GMT +7	Duration (Minutes)	EVENT	SPEAKER
07.00-07.25	25	Registration	
07.25-07.30	5	Opening	
IA. "Sarcopenia Management : Enhancing Muscle Health and Functional Independence"			
07.30 - 08.00	30	PMR Point of View: Rehabilitation Strategies for Preserving Muscle Strength and Function	DR. Med. Sc. Dr. Irma Ruslina Defi, Sp.K.F.R., Ger. (K)
08.00 - 08.30	30	Nutritionist Point of View: Sarcopenia and Diet Unlocking the Power of Nutritional Support for Muscle Preservation	DR. Dr. Fiaстuti Witjaksono, MKM, MS, Sp.GK (K)
08.30 - 08.40	10	Discussion	Moderator: Dr. Novita Sari Dewi, Sp.K.F.R., Ger. (K)
08.40 - 09.10	30	IB. Unmasking the Link: Dysphagia-Related Malnutrition	Dr. Mohammad Barlian Nugroho, Sp.K.F.R., Ger. (K)
09.10 - 09.20	10	Discussion	Moderator: Dr. Novita Sari Dewi, Sp.K.F.R., Ger. (K)
09.20 - 09.40	20	Coffee Break	
IC. Enhancing Delirium Patient Outcomes and Safety			
09.20 - 09.50	30	Psikogeriatri: Point of View	Dr. Profitasari Kusumaningrum, Sp.KJ (K)
09.50 - 10.20	30	PMR: Point of View	Dr. Wanarani Alwin, Sp.K.F.R., Ger. (K)
10.20 - 10.30	10	Discussion	Moderator: Dr. Yunita Fatmawati, Sp.K.F.R., Ger. (K), AIFO-K
ID. Integrated Management of the Acute Phase			
10.30 - 11.00	30	Internist: Point of View	Dr. Ika Fitriana, Sp.PD-K Ger
11.00 - 11.30	30	Clinical Pathology: Point of View	PRODIA
11.30 - 11.40	10	Discussion	Moderator: Dr. Yunita Fatmawati, Sp.K.F.R., Ger. (K), AIFO-K
11.40 - 12.10	30	Immobilization Protocol: When to Stop , When to Start	Dr. Melinda Harini, Sp.K.F.R., Ger. (K)
12.10 - 12.20	10	Discussion	Moderator: Dr. Yunita Fatmawati, Sp.K.F.R., Ger. (K), AIFO-K
12.20 - 13.20	60	Lunch Break	
Hands-On			
13.20 - 14.00	40	Station 1: Screening Sarcopenia, Screening of Malnutrition	DR. Med. Sc. Dr. Irma Ruslina Defi, Sp.K.F.R., Ger. (K)
14.00 - 14.40	40	Station 2: Screening of Dysphagia and Basic Management	Dr. Mohammad Barlian Nugroho, Sp.K.F.R., Ger. (K)
14.40 - 15.20	40	Station 4: Screening Delirium	Dr. Wanarani Alwin, Sp.K.F.R., Ger. (K)
15.20 - 16.00	40	Station 3: Case Based learning, Protocol Implementation	Dr. Melinda Harini, Sp.K.F.R., Ger. (K)

Post Critical Illness Rehabilitation

Wednesday, October 4, 2023

Beijing Room

Time WIB/GMT +7	Duration (Minutes)	EVENT	SPEAKER
07.55-08.00	5	Opening	Moderator: DR. Dr. Dian Marta Sari, Sp.K.F.R., K.R. (K), M.Kes
08.00-08.20	20	The Role of PMR in Post Intensive Care Syndrome (PICS)	Dr. Nury Nurdwinuringtyas, Sp.K.F.R., K.R. (K), M. Epid
08.20-08.40	20	Assessment and Evaluation Tools to Detect Disability in PICS	Dr. Kevin Triangto, BMed.Sc. (Hons.), Sp.K.F.R.
08.40-09.00	20	Strategies in Prevention of PICS during Intensive Care Discharge	Dr. Peggy, Sp.K.F.R., K.R. (K)
09.00-09.20	20	Radiological Modalities in PICS	Dr. Dini Rachma Erawati, Sp.Rad (K)
09.20-09.30	10	Coffee Break	
09.30 - 12.30	180	Circuit Training: <ul style="list-style-type: none">Station 1: Assessment and Diagnosis of PICSStation 2: Functional Testing of PICSStation 3: Reconditioning Training Prescription	Facilitator: <ul style="list-style-type: none">Dr. Peggy, Sp.K.F.R., K.R. (K)DR. Dr. Dian Marta Sari, Sp.K.F.R., K.R. (K), M.KesDr. Kevin Triangto, BMed.Sc. (Hons.), Sp.K.F.R.
12.30 - 13.00	30	ISHOMA	
13.00 - 16.00	180	Circuit Training: <ul style="list-style-type: none">Station 4: Breathing Retraining and Respiratory Muscle TrainingStation 5: Advance Airway Clearance TechniqueStation 6: Cognitive & ADL Training	Facilitator: <ul style="list-style-type: none">Dr. Peggy, Sp.K.F.R., K.R. (K)DR. Dr. Dian Marta Sari, Sp.K.F.R., K.R. (K), M.KesDr. Kevin Triangto, BMed.Sc. (Hons.), Sp.K.F.R.

How to Publish an Original Article: Tips & Tricks

Wednesday, October 4, 2023

Seoul-Osaka Room

Time WIB/GMT +7	EVENT	SPEAKER
13-00-13.05	Opening	Moderator: Dr. Martha Kurnia, Sp.K.F.R., N.M. (K)
13.05 -13.50	Scientific Writing for Journal Publication: Tips and Trick	Boya Nugraha MS, PhD
13.50 - 14.00	Discussion	
14.00 - 14.30	Manuscript Review	Moderator: Dr. Martha Kurnia, Sp.K.F.R., N.M. (K)
14.30-15.00	ISHOMA	
15.00 - 16.40	Small Group Presentation	Moderator: Dr. Martha Kurnia, Sp.K.F.R., N.M. (K)
16.40 -17.00	Tips for Choosing Journals Indexed by SINTA and SCOPUS	Dr. Martha Kurnia, Sp.K.F.R., N.M. (K)
17.00 -17.10	Discussion	Moderator : dr Martha Kurnia Sp.KFR-K
17.10-17.20	Closing	Moderator : dr Martha Kurnia Sp.KFR-K

Opening Ceremony

Thursday, October 5, 2023

Ballroom 2-3

Time WIB/GMT +7	Duration (Minutes)	Thursday, Oct 5th, 2023
08.00 - 08.06	6	Opening by MC Indonesian National Anthem: "Indonesia Raya" Mars IDI Mars Perdosri
08.06 - 08.08	2	Gain a deeper understanding of PERDOSRI. (Documentation of Activities and Testimonials of Covid Survivor)
08.08 - 08.20	12	Chairman Committee's Report Welcoming remarks President of PP PERDOSRI Welcoming Remarks President of PB IDI
08.20 - 08.25	5	Opening Speech Directorate General of Health Service, Ministry of Health Republic of Indonesia
08.25 - 08.29	4	Opening Speech (Virtual) Ministry of Tourism and Creative Economy Republic of Indonesia
08.29 - 08.33	4	Opening Speech (Virtual) Ministry of Social Affairs Republic of Indonesia
08.33 - 08.37	4	Opening Speech (Virtual) Ministry of Health Republic of Indonesia
08.37 - 08.47	10	Opening Remarks: Opening the series of event PIT XXII Perdosri 2023 by East Java Governor, accompanied by the chairman of PP Perdosri, the chairman of IDI, the chairman of the PIT Committee Bumper Opening Video Playback Group Photo
08.47 - 08.57	10	PERDOSRI Virtual Choir & Topeng Malang Dance by YPAC Kota Malang & Perdosri Cab. Jawa Timur
08.57 - 08.59	2	Opening Prayers
08.59 - 09.00	1	Closing by MC

Dresscode: Batik PERDOSRI

Pembekalan Anggota PERDOSRI

Friday, October 6, 2023

Seoul-Osaka Room

Time WIB/GMT +7	Duration (Minutes)	Day 3 - Friday, Oct 6th, 2023	
Session 1			
10.20 - 10.40	20'	AD/ART PERDOSRI, Ortala PERDOSRI	Dr. Suroso Agus Widodo, Sp.K.F.R., AIFO-K
10.40 - 11.00	20'	Pemetaan dan Rekomendasi	Dr. Shinta Primasara, Sp.K.F.R.
11.00 - 11.10	15'	Diskusi	
Break			
Session 2			
13.00 - 13.20	20'	Regulasi dan Susunan Organisasi Tata Kerja (SOTK) pelayanan Rehabilitasi medik	Dr. Jufri Febriyanto Poetra, Sp.K.F.R., M.H.
13.20 - 13.40	20'	Komunikasi efektif dan praktek kolaborasi interprofesional yang berfokus pada pasien	DR. Dr. Ratna D Haryadi, Sp.K.F.R., Ped (K)
13.40 - 13.55	15'	Diskusi	
Session 3			
13.55 - 14.15	20'	Tata kelola organisasi di Rumah Sakit dan kontrak kerja	Dr. Ellyana Sungkar, Sp.K.F.R., Ped. (K)
14.15 - 14.35	20'	Pengajuan kewenangan klinis terkait standard kompetensi Sp.K.F.R pada saat proses kredensialing	Prof. DR. Dr. Hening Laswati, Sp.K.F.R., K.R. (K)
14.35 - 14.50	15'	Diskusi	
Session 4			
14.50 - 15.10	20'	Regulasi pelayanan Rehabilitasi Medik terkait BPJS Kesehatan & BPJS Ketenagakerjaan	Dr. Anshory Sahlan, Sp.K.F.R., M.S. (K), MARS
15.10 - 15.20	10'	Diskusi	
Coffee Break			
Session 5			
15.30 - 15.50	20'	Wawasan dan peluang di bidang Rehabpreneur	DR. Dr. Yose Waluyo, Sp.K.F.R., M.S. (K)
15.50 - 16.10	20'	Program Pengembangan Pendidikan Keperawatan Berkelanjutan (P2KB)	Dr. Wini Widiani, Sp.K.F.R., Ped (K)
16.10 - 16.30	20'	Malpraktek dan audit medis	Dr. Jufri Febriyanto Poetra, Sp.K.F.R., M.H.
16.30 - 16.50	20'	Diskusi	
Closing			

*Compulsory for PM&R SPECIALIST graduates in July 2023 with the requirement to register for the PIT symposium

Gala Dinner

Friday, October 6, 2023
Ballroom 2-3

Time WIB/GMT +7	Duration (Minutes)	EVENT	SPEAKER
18.30 - 19.00	30	Persiapan Pembukaan Acara. Seluruh peserta dan performer di harap telah berada di area venue. Penampilan Band	
19.00 - 19.05	5	Pembukaan oleh MC	Master of Ceremony: <ul style="list-style-type: none"> • DR. Dr. Marina Indriasari, Sp.K.F.R., FINEM, Dipl. CIBTAC • Dr. Azizati Rochmania, Sp.K.F.R., AIFO-K • Dr. Guido Okta V, Sp.K.F.R., AIFO-K
19.05 - 19.15	10	Gamelan PERDOSRI Cabang Jawa Timur	
19.15 - 19.20	5	Sambutan Ketua Panitia	DR. Dr. Yose Waluyo, Sp.K.F.R., M.S. (K)
19.20 - 19.25	5	Sambutan Ketua PP PERDOSRI	Dr. Rumaisah Hasan, Sp.K.F.R., N.M. (K), AIFO-K
19.25 - 19.30	5	Pembacaan Do'a	Dr. Achmad Farid, Sp.K.F.R.
19.30 - 19.40	10	Modern Dance oleh PERDOSRI Cabang Bali Nusra dan PERDOSRI Cabang Sulawesi Papua → Award 1	
19.40 - 19.50	10	Fashion Show oleh PERDOSRI Cabang Banten Lampung dan PERDOSRI Cabang Sulawesi I → Award 2 → Game 1	
19.50 - 20.00	10	Modern Dance oleh PERDOSRI Cabang Jakarta Raya dan PERDOSRI Cabang Sumatera I → Award 3	
20.00 - 20.10	10	Flash Mob oleh PERDOSRI Cabang Jawa Timur dan PERDOSRI Cabang Sumatera 2 → Award 4 → Game 2	
20.10 - 20.20	10	Gerak dan Lagu oleh PERDOSRI Cabang Jawa Timur dan PERDOSRI Cabang Sumatera 3 → Award 5	
20.20 - 20.30	10	Fashion Show oleh PERDOSRI Cabang Jawa Tengah DIY dan PERDOSRI Cabang Kalimantan 2 → Award 6 → Game 3	
20.30 - 20.50	20	Drama Musical dan Tari oleh Prodi IKFR Universitas Brawijaya → Award 7 (Award for Performance)	
20.50 - 21.00	10	Doorprize	
21.00 - selesai		Penutupan	

Dresscode: Color Blocking/Tabrak Warna
(Busana Polos dengan dua atau lebih warna terang dalam satu look.
Hindari atasan gelap dan putih)

Ultrasound of Neuromuscular Problem

Saturday, October 7, 2023

Ballroom 3

Time WIB/GMT +7	Duration (Minutes)	EVENT	SPEAKER
07.00-07.55	55	Registration	
07.55-08.00	5	Opening	
08.00-09.00	60	Introduction: Nerve Sonotomy and Common Nerve Problems	Moderator: Dr. Gunawan Kurniadi, Sp.K.F.R.
09.00-12.00	Hands On		
	60	Nerve Upper Extremities	Dr. AV Fanny Aliwarga, Sp.K.F.R., AIFO-K
	60	Nerve Lower Extremities	Dr. Tertianto Prabowo, Sp.K.F.R., M.S. (K)
	60	Lumbar Plexus	Dr. Gunawan Kurniadi, Sp.K.F.R.
12.00-13.00	60	Lunch Break	
13.00-14.00	60	Introduction: Spine Sonotomy and Common Spine Problems	Moderator: DR. Dr. Rita Vivera Pane, Sp.K.F.R., N.M. (K), CIPS, FIPP
14.00-17.00	180	Hands On	
		Cervical, Plexus Brachialis, Supraclavicular	DR. Dr. Rita Vivera Pane, Sp.K.F.R., N.M. (K), CIPS, FIPP
		Thoracic: Facet, MBB, Paravertebral Space	Dr. TCT Novy, Sp.K.F.R., M.Kes, CIPS, FIPP
		Lumbar	Dr. Indra Tjahjono, Sp.K.F.R., CIPS
		Pelvic	Dr. Nunung Nugroho, Sp.K.F.R., CIPS

The Fundamental Role of Rehabilitation in Management of Feeding and Stunting

Saturday, October 7, 2023

Malang-Manila Room

Time WIB/GMT +7	Duration (Minutes)	EVENT	SPEAKER
07.00-07.55	55	Registration	
07.55-08.00	5	Opening	Moderator: Dr. Lulus Hardiyanti, Sp.K.F.R., Ped. (K)
08.00-08.30	30	Feeding and Stunting: What Should you Know? DSM V and ICD XI	DR. Dr. Luh Karunia Wahyuni, Sp.K.F.R., Ped. (K)
08.30-09.00	30	Anatomy and Physiology Swallowing Function in Children	Dr. Rizky Kusuma Wardhani, Sp.K.F.R., Ped. (K)
09.00-09.30	30	FEES Evaluation for Dysphagia Children	DR. Dr. Elvie Zulka Kautzia R, Sp. THT-BKL, (K).
09.30-09.45	15	Discussion	
09.45-10.00	15	Coffee Break	
10.00-10.30	30	Assesment Feeding Difficulties in Early Age of Childhood	Dr. Ellyana Sungkar, Sp.K.F.R., Ped. (K)
10.30-11.00	30	Decision Making Regarding When Patients with a History of NGT Use Should be Evaluated and What the Evaluation Should be Like for Sp.K.F.R.	DR. Dr. Luh Karunia Wahyuni, Sp.K.F.R., Ped. (K)
11.00-11.30	30	Discussion	
11.30-13.00	90	Lunch Break	
		Hands On	
13.00-15.15	135 (1 station = 45)	<ul style="list-style-type: none"> Station 1: Assesment Feeding with FEES Station 2: Assesment Feeding VFSS Station 3: Assesment Oral Feeding Readiness in Early Age of Childhood and Filling form Assesment 	<ul style="list-style-type: none"> Station 1: DR. Dr. Luh Karunia Wahyuni, Sp.K.F.R., Ped. (K) / Dr. dr. Elvie Zulka Kautzia R, Sp. THT-BKL, (K) Station 2 :Dr. Rizky Kusuma Wardhani, Sp.K.F.R., Ped. (K), Dr. Budiati Laksmitasari, Sp.K.F.R. Station 3: Dr. Ellyana Sungkar, Sp.K.F.R., Ped. (K), Dr. Amien Suharti, Sp.K.F.R.
15.15-16.15	60	Case discussion (Kapita Selekt)	DR. Dr. Luh Karunia Wahyuni, Sp.K.F.R., Ped. (K)

Functional Movement Analysis in Sport, from Basic to Practice

Saturday, October 7, 2023

Seoul-Osaka Room

Time WIB/GMT +7	Duration (Minutes)	EVENT	SPEAKER
07.00-07.50	50	Registration	
07.50 - 07.55	5	Pre Test	
07.55-08.00	5	Opening	Moderator: Dr. Azizati Rochmania, Sp.K.F.R., AIFO-K
08.00-08.30	30	Functional Movement Analysis, the Basic of Movement	Dr. Abdul Jabbar Al Hayyan, Sp.K.F.R.
08.30-09.00	30	Abnormalities of Movement, the Biomechanic	Dr. Deta Tanuwidjaja, Sp.K.F.R., AIFO-K
09.00-09.15	15	Coffee Break	
09.15-09.45	30	Postural Analysis	DR. Dr. Tirza Z. Tamin, Sp.K.F.R., M.S. (K)
09.45-10.15	30	Running and Jumping Analysis	DR. Dr. Damayanti Tinduh, Sp.K.F.R., M.S. (K)
10.15-10-45	30	Landing Analysis	Dr. Ditaruni Asrina Utami, Sp.K.F.R., M.S. (K)
10.45 - 11.00	15	Discussion	Moderator: Dr. Azizati Rochmania, Sp.K.F.R., AIFO-K
11.00 - 11.20	20	Vendor Presentation	Vendor
11.20 - 11.25	5	Case Presentatioon	Team
11.25 - 11.40	15	Case Discussion	Groups
11.40 - 12.00	20	Case Discussion	All
12.00 - 12.45	45	ISHOMA	
12.45 - 13.45	60	Station 1 Functional Movement Screen (hands on)	Dr. Abdul Jabbar Al Hayyan, Sp.K.F.R. Dr. I Putu Alit Pawana, Sp.K.F.R., M.S. (K)
13.45 - 14.45	60	Station 2 Movement Analysis with App (hands on)	DR. Dr. Damayanti Tinduh, Sp.K.F.R., M.S. (K) Dr. Ditaruni Asrina Utami, Sp.K.F.R., M.S. (K)
14.45 - 15.45	60	Station 3 Basic Assessment Whole Body Reaction, Balance, Handheld Dynamometer, CPET Portable (hands on)	DR. Dr. Tirza Z. Tamin, Sp.K.F.R., M.S. (K) Dr. Deta Tanuwidjaja, Sp.K.F.R., AIFO-K
15.45 - 15.50	5	Post Test	
15.50 - 16.00	10	Closing	Moderator: Dr. Azizati Rochmania, Sp.K.F.R., AIFO-K

How to be PM&R Residents & Osteoarthritis and Low Back Pain: From A to Z

Saturday, October 7, 2023

Ballroom 2

Time WIB/GMT +7	Duration (Minutes)	EVENT	SPEAKER
07.30-08.00	30	Registration	
08.00-08.05	5	Opening	MC
08.05-08.10	5	Pre Test	
Session I : How to be PM&R Residents Moderator : Dr. Nurul Kusuma Wardani, Sp.K.F.R., Ped. (K)			
08.10-08.30	20	Choosing the Right Path: Understanding the PM&R Residency Program	KPS Prodi UB Dr. Mochammad Ridwan, Sp.K.F.R., M.S. (K)
08.30-08.50	20	Navigating the Application Process: Tips for a Successful Residency Application	KPS Prodi UNAIR Dr. Andriati, Sp.K.F.R., K.R. (K)
08.50-09.10	20	Facing the Interviews: Preparing for PM&R Residency Interviews	KPS Prodi UI Prof. Dr. dr. Widjajalaksmi K., Sp. K.F.R., N.M. (K), M.Sc
09.10-09.30	20	Coffee Break + Sponsor Presentation	
09.30-09.50	20	Developing Essential Skills: Building Competence in PM&R	SPS Prodi UNDIP Dr. Erna Setiawati, Sp.K.F.R., K.R. (K), M.Si.Med
09.50-10.00	10	Embracing a Comprehensive Residency Experience: Exploring PM&R's Multifaceted World	KPS Prodi UNHAS DR. Dr. Yose Waluyo, Sp.K.F.R., M.S. (K)
10.00-10.15	15	Discussion	
10.15-10.30	15	Lunch Break	
Session 2 : Osteoarthritis and Low Back Pain: From A to Z Moderator: Dr. David Sugiarto, Sp.K.F.R.			
10.30-10.45	15	Anatomy and Biomechanics of the Knee	DR. Dr. Nuralam Sam, Sp.K.F.R., M.S. (K), AIFO-K
10.45-11.00	15	The Assesment of Knee OA	DR. Dr. Nuralam Sam, Sp.K.F.R., M.S. (K), AIFO-K
11.00-11.15	15	Management of Knee OA	Dr. Indrayuni Lukitra, Sp.K.F.R., M.S. (K)
11.15-11.30	15	Home Exercise Programs For Knee OA	Dr. Indrayuni Lukitra, Sp.K.F.R., M.S. (K)
11.30-11.40	10	Discussion	
11.40-11.55	15	Case Study	
11.55-12.25	30	Hands on	
12.25-13.25	60	Lunch Break	
13.25-13.40	15	Anatomy and Biomechanics of Lumbar Spine	Dr. Jufri Febriyanto Poetra, Sp.K.F.R.
13.40-13.55	15	The Assessment of Low Back Pain	Dr. Jufri Febriyanto Poetra, Sp.K.F.R.
13.55-14.15	20	Management of Low Back Pain in General Practice	Dr. Dadang Kusumawardhana, Sp.K.F.R.
14.15-14.25	10	Discussion	
14.25-14.40	15	Case Study	
14.40-15.10	30	Hands on	
15.10-15.15	5	Post test	
15.15-15.25	10	Closing	

RUNDOWN

Public Symposium &
Community Rehabilitation



Facing Osteoporosis in the World After COVID-19 Pandemic

Saturday, October 7, 2023
RS Marsudi Waluyo

Time WIB/GMT +7	Duration (Minutes)	EVENT	SPEAKER
06.00 - 06.30	30	Registration	
06.30 - 07.30	60	'Senam Osteoporosis'	Instructor
07.30 - 07.40	10	Break, Seminar Preparation	
07.40 - 07.45	5	Opening	MC
07.45 - 08.00	15	Doorprize I	
08.00 - 08.20	20	Presentation Session I: Get to know about osteoporosis and treatment	DR. Dr. Sri Soenarti, Sp.PD-K, Ger
08.20 - 08.40	20	Presentation Session II: Nutritional management and prevention for osteoporosis	Dr. Maretha Primariayu, Sp.GK
08.40 - 09.00	20	Presentation Session III: Medical rehabilitation management for osteoporosis	Dr. Gutama Arya Pringga, Sp.K.F.R., M.Ked-Klin
09.00 - 09.25	25	Discussion	
09.25 - 09.50	25	Doorprize 2	
09.50 - 10.00	10	Closing and Group Photo	

Up Grading Tingkat Nasional 'Penguatan Kompetensi Tenaga Medis dalam Bimbingan Manasik di PIHK dan PPIU'

Sabtu, 7 Oktober 2023
Beijing Room

Waktu	Kegiatan	Narasumber	MC/Moderator
07.00 - 07.30	Registrasi Peserta		Panitia
07.30 - 07.35	Pembukaan oleh MC		Dr. Waode Sri Nikmatiah, Sp.K.F.R., K.R. (K), AIFO-K
07.35 - 07.45	Pembacaan Ayat Suci Al-Qur'an Menyanyikan Lagu Indonesia Raya		Dr. Rifky Mubarak, Sp.K.F.R. Panitia
07.45 - 07.50	Sambutan Ketua PP PERDOSRI	Dr. Rumaisah Hasan, Sp.K.F.R., N.M. (K), AIFO-K	Dr. Waode Sri Nikmatiah, Sp.K.F.R., K.R. (K), AIFO-K
07.50 - 08.00	Pre-Test		Dr. Waode Sri Nikmatiah, Sp.K.F.R., K.R. (K), AIFO-K
08.00 - 08.10	Etik dan Kesehatan Haji	Dr. Rumaisah Hasan, Sp.K.F.R., N.M. (K), AIFO-K (2 JPL)	Dr. Waode Sri Nikmatiah, Sp.K.F.R., K.R. (K), AIFO-K
08.10 - 09.10	Implementasi moderasi beragama dalam bimbingan manasik kesehatan haji	DR. H. Ade Marfuddin, M.M (Ketua Umum Ikatan Pembimbing Haji dan Umroh Indonesia) (2 JPL)	Dr. Waode Sri Nikmatiah, Sp.K.F.R., K.R. (K), AIFO-K
09.10 - 09.55	Upaya Preventif dalam Pembinaan Kesehatan Jemaah Haji untuk Mencapai Istitaah Menentukan Diagnosa Fungsional pada Jemaah Haji	DR. Dr. Syarief Hasan Lutfie, Sp.K.F.R., MARS (Ketua PP PERDOKHI) (2 JPL)	Dr. Waode Sri Nikmatiah, Sp.K.F.R., K.R. (K), AIFO-K
09.55 - 10.10	Break		
10.10 - 10.20	Sambutan dan Arahan Bapak Dirjen PHU Kemenag. RI. Bapak Prof. Dr. H. Hilman Latief, S.Ag, M.Ag. dan sekaligus Membuka Up-grading Penguatan Kompetensi Tenaga Haji Dokter Indonesia dalam Bimbingan Manasik Haji dan Umrah untuk PIHK dan PPIU	Prof. DR. Hilman Latief, S.Ag, M.Ag. (Direktur Jenderal Penyelenggaraan Haji Umroh, Kemenag RI)	Dr. Anshory Sahlan, Sp.K.F.R., M.S. (K), MARS
10.20 - 11.20	Regulasi dan kebijakan penyelenggaraan ibadah haji di Indonesia dan di Arab Saudi	Prof. DR. Hilman Latief, S.Ag, M.Ag. (Direktur Jenderal Penyelenggaraan Haji Umroh, Kemenag RI) (2 JPL)	Dr. Anshory Sahlan, Sp.K.F.R., M.S. (K), MARS
11.20 - 12.20	Break		
12.20 - 13.50	<ul style="list-style-type: none"> Kebijakan Istitaah Kesehatan Haji bagi Tenaga Medis Kebijakan Kesehatan Haji di Dalam Negeri dan di Arab Saudi Kebijakan Kesehatan Haji di Dalam Negeri dan di Arab Saudi Implementasi Penetapan Istitaah Kesehatan Sebelum Pelunasan BPIH Alur Rekrutmen Tenaga Medis (Dokter, Dokter Gigi, dan Dokter Spesialis) 	Liliek Marhaendro Susilo, AK, M.M (Kepala Pusat Kesehatan Haji, Kemenkes RI) (2 JPL)	Dr. Anshory Sahlan, Sp.K.F.R., M.S. (K), MARS

*Mendapatkan Sertifikat Direktur Jenderal Penyelenggaraan Haji dan Umroh Kementerian Agama RI

Up Grading Tingkat Nasional 'Penguatan Kompetensi Tenaga Medis dalam Bimbingan Manasik di PIHK dan PPIU'

Sabtu, 7 Oktober 2023
Beijing Room

Waktu	Kegiatan	Narasumber	MC/Moderator
13.50 - 14.50	Kebijakan pembinaan, pelayanan, dan perlindungan dalam penyelenggaraan ibadah haji di Indonesia dan di Arab Saudi	DR. H. Arsad Hidayat, Lc., M.A., (Direktur Bina Haji Ditjen Penyelenggaraan Haji dan Umrah (PHU), Kemenag RI) (2 JPL)	Dr. Anshory Sahlan, Sp.K.F.R., M.S. (K), MARS
14.50 - 15.05	Break		
15.05 - 16.05	Kebijakan keuangan haji / BPKH dalam penyelenggaraan ibadah haji di Indonesia dan di Arab Saudi	DR. H. Indra Gunawan (Komisioner Badan Pengelola Keuangan Haji) (2 JPL)	Dr. Suroso Agus Widodo, Sp.K.F.R, AIFO-K
16.05 - 17.05	<ul style="list-style-type: none"> • Fiqih Haji dan Kesehatan • Mengintegrasikan materi manasik haji dan umroh dengan kesehatan 	DR. KH. Abdul Rouf. M.Ag (Ketua IPHUIN Jawa Timur) (4 JPL)	Dr. Suroso Agus Widodo, Sp.K.F.R, AIFO-K
17.05 - 17.50	Pelayanan prima (service quality) dalam bimbingan manasik kesehatan	DR. H. Abdul Choliq, MT., MA (2 JPL)	Dr. Suroso Agus Widodo, Sp.K.F.R, AIFO-K
17.50 - 18.50	Break		
18.50 - 19.35	Profil Jamaah Disabilitas pada Lansia	DR. Dr. Ferial Hadipoetro I, Sp.K.F.R-K, M.Kes (2 JPL)	Prof. DR. Dr. Fauziah Nuraini, Sp.K.F.R., Ger. (K)
19.35 - 20.20	<ul style="list-style-type: none"> • Mempersiapkan Jamaah Haji Lansia Melalui/i Asesmen KFR Untuk Mencapai Kemandirian • Tatalaksana Pada Kasus Lansia Melalui Asesmen I4 I 	DR. Med. Sc. Dr. Irma Ruslina Defi, Sp.K.F.R, Ger. (K) (2 JPL)	Prof. DR. Dr. Fauziah Nuraini, Sp.K.F.R., Ger. (K)
20.20 - 21.05	Screening Kebugaran untuk Petugas Kesehatan Haji	DR. Dr. Tirza Z. Tamin, Sp.K.F.R., M.S. (K) (2 JPL)	Dr. Nelfidayani, Sp.K.F.R
21.05 - 21.50	Screening Gangguan Fungsional Jamaah Haji Dalam Masa Tunggu, Embarkasi, Arab Saudi, dan Kepulangan	Dr. Rifky Mubarak, Sp.K.F.R. (PP PERDOSRI) (2 JPL)	Dr. Nelfidayani, Sp.K.F.R
21.50 - 22.35	Screening demensia pada Jamaah Haji	DR. Dr. Fidiansjah Mursjid, Sp.KJ, MPH (2 JPL)	Dr. Nelfidayani, Sp.K.F.R
22.35	Istirahat		

*Mendapatkan Sertifikat Direktur Jenderal Penyelenggaraan Haji dan Umroh Kementerian Agama RI

Up Grading Tingkat Nasional 'Penguatan Kompetensi Tenaga Medis dalam Bimbingan Manasik di PIHK dan PPIU'

Minggu, 8 Oktober 2023

Ballroom 2

Waktu	Kegiatan	Narasumber	MC/Moderator
05.30 - 06.30	Olahraga Bersama		Panitia
06.30 - 07.30	Breakfast		Panitia
07.30 - 08.30	Filosofi dan makna simbolik dalam ibadah haji	DR. H. Ade Marfuddin, M.M (Ketua Umum Ikatan Pembimbing Haji dan Umroh Indonesia) (2 JPL)	Dr. Shinta Primasara, Sp.K.F.R.
08.30 - 09.15	Kebijakan KKP terkait Jemaah Haji	Dr. Mawari Edy, M. Epid (2 JPL)	Dr. Shinta Primasara, Sp.K.F.R.
09.15 - 10.00	Masalah Kesehatan Jamaah Haji di Arab Saudi Selama Masa Armusna	Dr. Achmad Chubaesi Yusuf, Sp.K.F.R., M.Kes, DR. Dr. Syarif Hasan Lutfie, Sp.K.F.R., MARS (PP PERDOSRI) (2 JPL)	Dr. Shinta Primasara, Sp.K.F.R.
10.00 - 10.15	Break		
10.15 - 11.00	Tatalaksana Pneumonia pada Jemaah Haji Lansia	DR. Dr. Mukhtar Ikhsan, Sp.P(K), MARS (2 JPL)	Dr. Azizati Rochmania, Sp.K.F.R., AIFO-K
11.00 - 11.45	Kegawatdaruratan Kardiovaskuler	DR. Dr. Meity Ardiana, Sp.JP (K), FIHA, FAsCC (2 JPL)	Dr. Azizati Rochmania, Sp.K.F.R., AIFO-K
11.45 - 11.55	Post Test		Dr. Azizati Rochmania, Sp.K.F.R., AIFO-K
11.55 - 12.00	Penutupan	DR. H. Ade Marfuddin, M.M (Ketua Umum Ikatan Pembimbing Haji dan Umroh Indonesia) (2 JPL)	Dr. Azizati Rochmania, Sp.K.F.R., AIFO-K
12.00	Check Out		Panitia

*Mendapatkan Sertifikat Direktur Jenderal Penyelenggaraan Haji dan Umroh Kementerian Agama RI

REGISTRATION



ENTITLEMENTS

Registered participants are entitled to admission to all scientific sessions, including trade exhibits, scheduled coffee breaks as well as lunches. Participation at Instructional Courses / Lectures and Workshops if any, must be registered separately. Each participant will receive a name badge and congress kit.

REGISTRATION FEE

All participants, including Free Paper Presenters, must register for the meeting. Registration is valid when the committee has received the registration form and respective payments. Please register on the website <https://pit.perdosri.org> and upload your payment evidence. Accepted payment method: bank transfer.

REGISTRATION CANCELLATION

No refund will be provided for Registration Cancellation

ON SITE REGISTRATION

On-site registration is available at the congress venue one day prior to the event.

ROOM RATES

Hotel room rates at a special rate are being held for the congress participants. All rates are per night and room, including two pax breakfast. To make a reservation, please order on the website <https://pit.perdosri.org>. Accepted payment method: bank transfer

HOTEL RESERVATION

Hotel assignments will be made on a "FIRST COME FIRST SERVE BASIS." Participants can pay for hotel bookings after confirmed rooms are still available

CANCELLATION OF HOTEL RESERVATION

Cancellation policy will follow each hotel policy and it will be varied.

CHECK-IN AND CHECK-OUT TIME

Check-in time will be approximately 2pm and the check-out time is at 12 noon.

PAYMENT METHODS

Available payment methods are bank transfer with following details

Via Bank Transfer (IDR)

Rupiah Account Transfer via Following account:

Bank Account Name	PP Perdosri
Bank Name	BNI
Country	Indonesia
Account Number	202322258

Bank charges will be borne by participants

REGISTRATION FEE



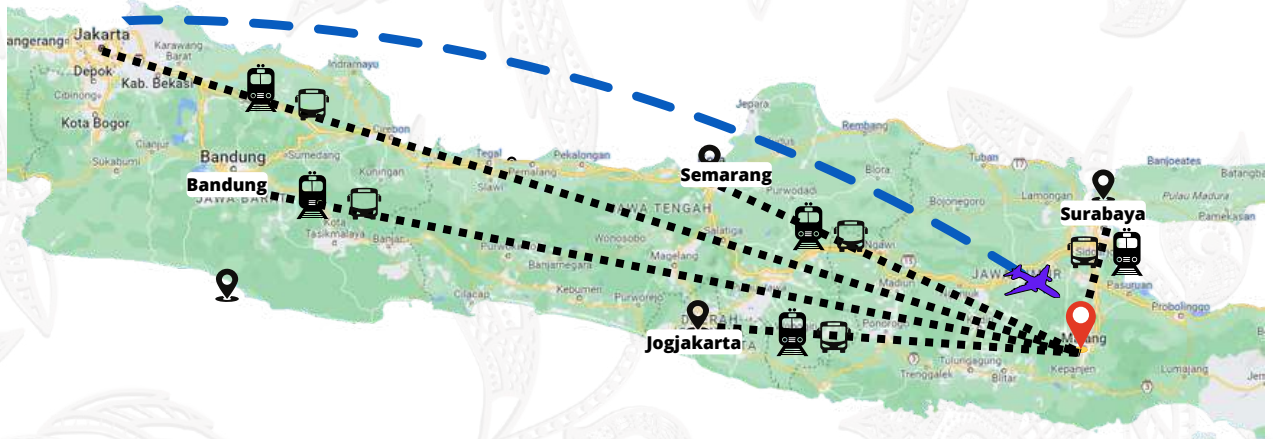
Symposium	Early Bird (Until August 31, 2023)	Late Bird
Specialist	SOLD OUT 2.500.000 IDR	3.500.000 IDR
Resident / GP	SOLD OUT 1.500.000 IDR	2.000.000 IDR
Other Health Profession	SOLD OUT 1.500.000 IDR	2.000.000 IDR
Workshops	Early Bird (Until August 31, 2023)	Late Bird
Workshop for GP		
- How to be PM&R Residents	SOLD OUT 1.000.000 IDR	1.500.000 IDR
- Osteoarthritis and Low Back Pain: From A to Z		
Workshop for Resident & Physiatrist		
How to Publish an Original Article: Tips & Tricks	1.000.000 IDR	1.500.000 IDR
A-Z for Knee Osteoarthritis	SOLD OUT 3.000.000 IDR	3.500.000 IDR
Hands on Dry Needling in Neuromuscular Problems	SOLD OUT 1.500.000 IDR	2.000.000 IDR
State of the Art: Ultimate Technology in Stroke Rehabilitation	2.000.000 IDR	2.500.000 IDR
From Immobile to Unstoppable: Breakthrough Rehabilitation Strategies for the Older Adults Population	2.500.000 IDR	3.000.000 IDR
Post Critical Illness Management	2.500.000 IDR	3.000.000 IDR
Ultrasound of Neuromuscular Problem	SOLD OUT 3.000.000 IDR	3.500.000 IDR
The Fundamental Role of Rehabilitation in Management of Feeding and Stunting	2.000.000 IDR	2.500.000 IDR
Functional Movement Analysis in Sport, from Basic to Practice	SOLD OUT 1.500.000 IDR	2.000.000 IDR
Up Grading Tingkat Nasional 'Penguatan Kompetensi Tenaga Medis dalam Bimbingan Manasik di PIHK dan PPIU'	-	4.000.000 IDR (include 1 night sharing room)
BUNDLING WS Neuromuscular (Hands on Dry Needling in Neuromuscular Problems + State of The Art: Ultimate Technology in Stroke Rehabilitation)	SOLD OUT 3.000.000 IDR	3.500.000 IDR

GRAND MERCURE MALANG MIRAMA



Jalan Raden Panji Suroso No. 7, Malang
65126 Malang
East Java - Indonesia
+62 341 3300000

TRAVEL TO MALANG



Direct flight from Jakarta



from Surabaya

from Jakarta

from Bandung

from Jogjakarta



from Semarang

and surrounding area

TRAVEL AGENCY - CARTER DROP

Pandanwangi Tour

Contact Person : Tris

+62815-5505-678

Fortuna Tour

Contact Person : Adib

+62822-2958-2114

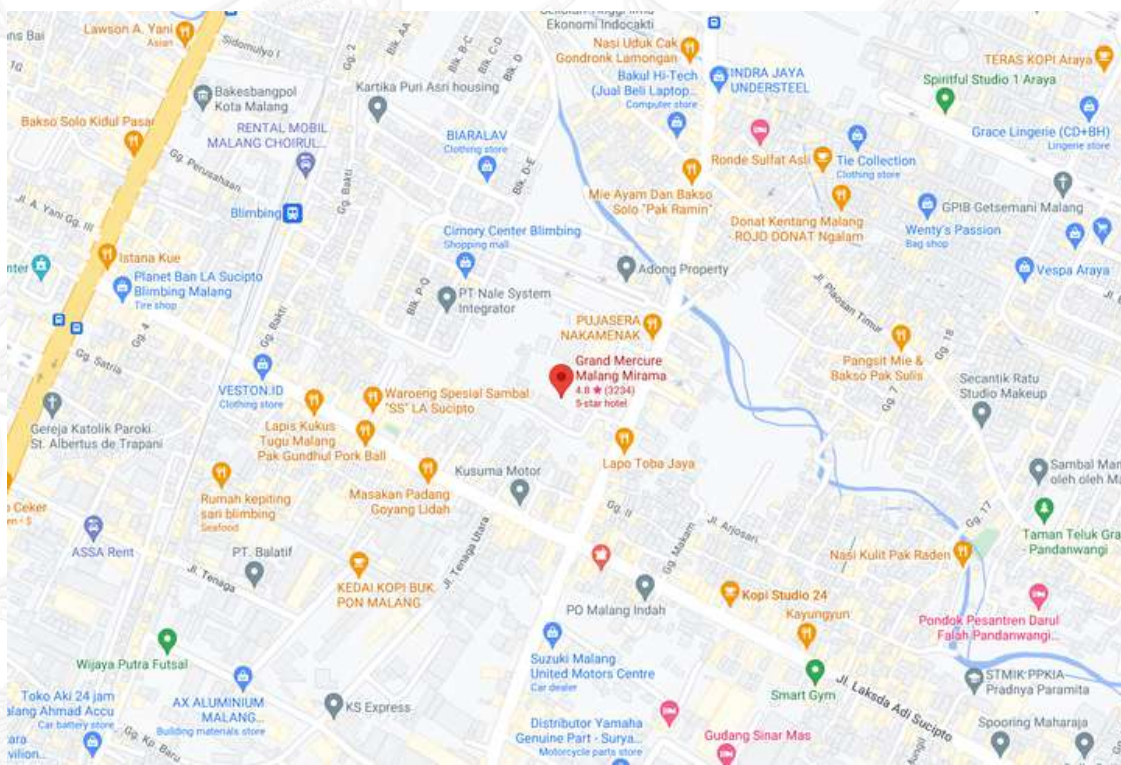


HOW TO GO

Grand Mercure Malang Mirama



PIT
PERDOSRI XXII
2023 — MALANG

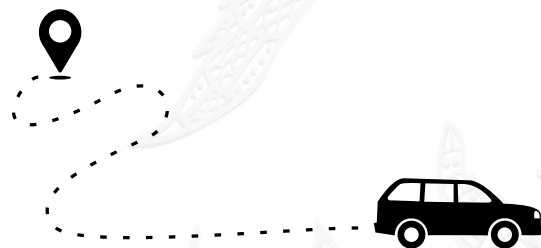


3.5 km (12 min) from Arjosari Terminal

4.5 km (13 min) from Malang Train Station

5.5 km (14 min) from Exit Tol Singosari

8.8 km (22 min) from Abdul Rachman Saleh Airport



CLICK HERE

bit.ly/gotopit



SCAN ME



ROOM RESERVATION

Grand Mercure Malang Mirama



Deluxe Room

Modern Deluxe Room with city view is located from 5th to 7th floor, 1 king size bed 200x200cm or 2 single beds 120x200cm, complimentary minibar 2 items, 55" smart LED TV, bathroom with rain shower, safe deposit box, free internet access.

Deluxe Executive Room

Modern Deluxe Executive Room with mountain or city view is located from 8th-16th floor, 1 king size bed 200x200cm or 2 Single beds 120x200cm, complimentary minibar, 55" smart LED TV, bathroom with rain shower, safe deposit box, free Internet access.

Executive Room

Executive Room with mountain or city view is located from 17th-18th floors, 1 king size bed 200x200cm or 2 Single beds 120x200cm, a bathrobe, complimentary minibar, 55" smart LED TV, bathroom with rain shower, safe deposit box, free Internet access.

SPECIAL PRICE FOR PARTICIPANT

Room Type	Price / Night
Deluxe Room	1.200.000 IDR
Deluxe Executive Room	1.250.000 IDR
Executive Room	1.350.000 IDR

October 4-7, Room Full Booked

October 7-8, Room Available

Package Inclusions:

Complimentary breakfast for 2 guests (2 pax)
Choice of King or Twin Bed (subject to availability)

Additional Option:

Extra Bed: IDR 600,000 per night (includes breakfast) - Limited availability
Please note that the extra bed option is subject to availability, and we recommend reserving it in advance to secure your preference.



PIT
PERDOSRI XXII
2023 — MALANG

PIT PERDOSRI 2023 PRESENT

RESIDENT NIGHT

KICKOFF FUTSAL & IKFR GOT TALENT

FUTSAL | ART | MUSIC

THURSDAY 5,
OCTOBER 2023

UNGGULSPORT CENTER

JAVANINE2

MALANG, EAST JAVA

RUNDOWN RESIDENT NIGHT

TIME	ACTIVITY
17:30 – 19:00pm	Futsal Match
19:00 – 19:30pm	Registration
19:30 – 19:45pm	Opening Ceremony
19:45 – 20:35pm	Talent Show 1-3
20:35 – 20:45pm	Mini games
20:45 – 21:50pm	Talent Show 4-7
21:50pm	Closing





PIT
PERDOSRI XXII
2023 — MALANG

PHYSIATRIST COLOURING
A POST-PANDEMIC WORLD

Gala Dinner

FRIDAY

6

OCTOBER

6 - 10 PM GMT+7

PIT
PERDOSRI XXII
2023 — MALANG



Grand Mercure
Malang, East
Java

Gala Dinner



Friday,
Oct 6th 2023
6 - 10 P.M

PHYSIATRIST COLOURING
A POST-PANDEMIC WORLD

Special
Performance

- PERDOSRI
BRANCHES SHOW
- MYSTERY GUEST

AWARD

CATEGORY

- ✓ Best Dress
- ✓ Best Performance
- ✓ Best Group

DOOR
PRIZE



G
A
M
E
S



LIVE
BAND

DR. Dr. Marina Indriasari,
Sp.K.F.R., FINEM, Dipl.
CIBTAC

Dr. Azizati Rochmania,
Sp.K.F.R., AIFO-K

Dr. Guido Okta V,
Sp.K.F.R., AIFO-K

MC

DRESS
CODE

COLOR BLOCKING

Plain clothing with
two or more light
colors in one look.
Avoid dark and white
tops





PERDOSRI HEALING Picnic Breakfast Bromo



PAKET TERMASUK:

- Armada dari kota Malang
- Jeep Bromo kapasitas 5-6 orang
- Tiket Bromo semua destinasi
- Profesional guide (min. 30 pax)
- Air mineral
- Foto/video pendek (min. 30 pax)
- Setting piknik untuk breakfast
- Snack and coffe break
- P3K

Start from
600k / pax

Term and Condition:

Additional cost IDR 220k/person
for foreigner

Minimal
6pax / trip

Persiapan Peserta: Baju hangat (syal, tutup kepala, sarung tangan, sepatu, jas hujan) dan obat-obatan pribadi

*Maksimal Pendaftaran & Pembayaran : Minggu, 1 Oktober 2023

BOOK NOW: 081316666723 pit.perdosri <https://s.sub.ac.id/pithealing>

Picnic Breakfast Bromo

Rundown

PEMBERANGKATAN BATCH 1 : JUMAT, 6 OKTOBER 2023 (MALAM)

BATCH 2 : SABTU, 7 OKTOBER 2023 (MALAM)

- 23.00 • PICK UP DARI HOTEL

- 01.00 • SAMPAI REST AREA BROMO

- 04.00 • SUNRISE POINT

- 05.00 • SUNRISE

- 06.00 • WIDODAREN MOUNTAIN
(LEDOK CIRI/LEDOK NDASAR)

- 07.00 • JEEP PARKING AREA

- BREAKFAST DI KAWASAN BROMO

- 08.00 • HIKING BROMO

- 08.30 • BROMO CRATER
(PURA LUHUR POTEN, BATOK MOUNTAIN VIEW)

- 09.00 • PASIR BERBISIK / BROMO DESERT

- 09.30 • SAVANNAH BROMO / BUKIT TELETUBBIES

- 10.00 • PERJALANAN KEMBALI KE REST AREA JEEP

- 14.00 • FINISH POINT (TIBA DI GRAND MERCURE)



EXPLORE Batu

MIN.
6PAX/TRIP

PACKAGE INCLUDES:

.....
Armada dari kota Malang + driver + BBM
Tiket masuk ke destinasi
(Package exclude: Lunch)



Pick Up point
(dari hotel
Grand Mercure)
pukul 07.00
Kembali ke
hotel maksimal
pukul 21.00

Tersedia 4 Batch Keberangkatan :

- Kamis 5 Oktober 2023
- Jumat 6 Oktober 2023
- Sabtu 7 Oktober 2023
- Minggu 8 Oktober 2023

PAKET 1

Jatim Park 3 (Dino Park,
Museum Musik)
Batu Night Spectacular

400K/PAX
(WEEKDAY)
425K/PAX
(WEEKEND)

PAKET 2

Jatim Park 2 (Museum
satwa, Batu Secret Zoo,
Eco green park)

275K/PAX
(WEEKDAY)
325K/PAX
(WEEKEND)

PAKET 3

Batu Love Garden
Santerra de Laponte

250K/PAX**
(WEEKDAY)
300K/PAX**
(WEEKEND)
**EXCLUDE
WAHANA DI
SANTERA

PERDOSRI HEALING

START FROM
485k*
/PAX

SAFARI OFFROAD

*Min. 6 pax/trip



COBAN TALUN

3-4 PENUMPANG/JEEP

RUTE MELEWATI:

- Desa Wisata Bunga Sidomulyo
- Bukit Jangkoang
- Desa Bulukerto
- Perkebunan Apel
- Hutan Pinus
- Aliran Sungai Brantas Coban Talun

INCLUDE:

- Armada dari kota Malang
- Jeep + Driver + BBM
- Tiket masuk wisata
- Retribusi Jalur Offroad
- Air Mineral
- Foto dan Video Pendek
- P3K
- Lunch (Prasmanan)

MAKSIMAL PENDAFTARAN DAN
PEMBAYARAN:
MINGGU, 1 OKTOBER 2023

PESERTA DIHARAPKAN
MEMBAWA BAJU GANTI

SAFARI OFFROAD

Rundown

07.30 • PENJEMPUTAN DARI HOTEL GRAND MERCURE

08.00 • PERJALANAN MENUJU KOTA BATU

08.30 • PERSIAPAN SAFARI OFFROAD

09.00 • SAFARI OFFROAD
(BUKIT JENGOANG, BUKIT SELECTA, ALIRAN SUNGAI BRANTAS)

11.00 • SPEED OFFROAD ALIRAN SUNGAI BRANTAS

11.30 • BERSIH DIRI & KEMBALI KE FINISH POINT

12.00 • ISHOMA (MENUJU HOTEL/PUSAT OLEH-OLEH)

14.00 • TIBA DI HOTEL GRAND MERCURE

BATCH 1 : KAMIS, 5 OKTOBER 2023

BATCH 2 : JUMAT, 6 OKTOBER 2023

BATCH 3 : SABTU, 7 OKTOBER 2023

BATCH 4 : MINGGU, 8 OKTOBER 2023

PEMBERANGKATAN



Malang
Souvenirs



SHOPPING
WITHOUT
MOVING

OLEH-OLEH KHAS MALANG

Panitia PIT XXII PERDOSRI Malang menyediakan berbagai oleh-oleh otentik khas Malang yaitu Pia Cap Mangkok, Malang Strudel dan Spikoe Hana.

Tersedia berbagai varian Strudel Malang, Malang Strudel Toaster, Pia Cap Mangkok berbagai rasa, Spikoe Hana, keripik singkong, keripik tempe, keripik buah dan masih banyak lainnya.



MALANG STRUDEL



PIA CAP MANGKOK

ORDER NOW :

<https://s.id/oleholehpit>

SCAN
ME!



Pemesanan terakhir:

Kamis, 5 Oktober 2023 - 17.00 WIB

PIT XXII PERDOSRI 2023

MALANG,
4-7 OKTOBER 2023



As such, we conclude the proposal for
The 22nd Annual Scientific Meeting.

All the above mentioned in this proposal is vital. Cooperation and collaboration
between us and supporting parties are needed to ensure that the event is held
smoothly.

PIT XXII PERDOSRI 2023

Rising to the Challenge: Innovations and Strategies for Rehabilitation in a Post-Pandemic World

Malang, East Java

October 4-7, 2023

Contact : Milla (08131 6666 723)
Email : pit.perdosri.2023@gmail.com
Website : pit.perdosri.org
IG : [pit.perdosri](https://www.instagram.com/pit.perdosri)

